



WORLD MARTIAL ARTS COMMITTEE

AMATEUR - TOURNAMENT RULES

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Part 8: Rumble

Part 9: No Contact



Partner Of:



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World Martial Arts Committee

CONTENTS

PART 8 – RUMBLE.....	4
ARTICLE 38. Rumble (Belt Catching)	4
PART 9 – NO CONTACT	6
ARTICLE 39. No-Contact	6

Introduction:

This Rulebook replaces all previously issued rules. It also reflects the official WMAC Amateur Competition Rules. These current rules are valid for all members. Consideration can be given to local legal requirements and obligations if required.

The official language of the IRC is English. This Rulebook can be translated in to other languages by the IRC. In case of any discrepancies, the official English version shall prevail.

Without the specific written consent of either WMAC or the IRC, this Rulebook shall not be copied, published or distributed. This includes electronic, digital, physical or any other duplication forms.

This Rulebook can be ordered free through the official website of the WMAC

NATIONAL MARTIAL ARTS COMMITTEE

Internationale Regeln & Richtlinien



January, 2018

Dear Reader,

We are very pleased to release the 4.4 version of the Rules & Regulations governing the World Martial Arts Committee. This is definitely the most comprehensive Mixed Martial Arts Tournament Rule Book available today, and we are proud to make it available for your use. It was only made possible by the hard work and dedication of individuals from around the globe. In particular we would like to thank all individuals for their special contributions to this addition:

- Rumble/ No Contact

All rules and regulations contained within this document are intended for use at WMAC sanctioned events. In this case, they must not be deviated from, except in extraordinary circumstances and with the written permission of the IRC or Chief Referee (Supervisor) of the tournament. The Chief Referee's interpretation of these rules will be the only interpretation accepted in the event of a query/complaint regarding correct implementation of any rule (IRC).

The World Martial Arts Committee Rules and Regulations may also be used for non-sanctioned events. In this instance, we would ask that the promoter or user of these Rules & Regulations include the following line in their promotion "This tournament will be governed by the current Rules and Regulations of the World Martial Arts Committee."

The World Martial Arts Committee Movement is constantly evolving. And as we continue to grow our membership and expand our events, our need to revise the Rules and Regulations will continue. Please check back with us periodically to ensure that you have an up to date copy of our Tournament Rules and Regulations.

Yours truly,

A handwritten signature in blue ink, appearing to read 'Harald Folladori'.

Harald Folladori
WMAC World President

PART 8 – RUMBLE

ARTICLE 38. Rumble (Belt Catching)

38.1 Description - Rumble is and sees itself as a precursor to the traditional martial arts, in which children will playfully what skills they need for fighting. Quickness, reaction, fairness, agility and fine motor skills are trained specifically.

38.2 Ages (the subdivision is based on body size, see description)

Description	Age	Category (in cm)				
Bambini	U10	-90cm	-100cm	-110cm	-120cm	+120cm
Kids	U14	-130cm	-140cm	-150cm	-160cm	+160cm

38.3 Uniform - All uniforms should show the country to be represented or the style. The sending country shall decide on the style of uniform. The name of the country shall be attached by printing or embroidery on the back. It is important to wear a Belt.

38.4.1 Performance - Both children are each equipped with 3 bands. These strips are attached to their Belt, each band = 1 on the right, 1 band on the left thigh and 1 band is in the middle. The one fighter who has pulled out after the first time, more bands as his opponent, wins the fight. The important thing is that it stretches immediately the hand with the Belt from the other competitor upwards. If he do this not immediately - he gets no points.

38.4.1 Time - The presentation must not be longer than 60 seconds to compete. If it is a draw - 30 seconds extension.

38.5 Presentation area - the area has no less than 6 x 6 m and to be located on Tatamis with a thickness of 25mm (like in Kickboxing).

38.6 Number of referees - 2 referees. This award points from 1 point for the correct Pull the belt. The Referee shall award the point independently and relates the side judge in not clear ratings. Otherwise, the side judge for review of the athlete as well as to accept the drawn belt is committed.

38.7 Rating - points are awarded as follows: For the correct pull out a tape assigns the referees 1 point. The ratings are awarded as in kickboxing (Point Fight) show of hands.

38.7.1 Rules - The two competitors greet each other and the judges. The referee gives the command "FIGHT". Then they can pull out the tapes of the enemy only with their hands. Do not hold the hand of the enemy, or pinch your own bands with the arm there. No punching techniques may be used (impact block)

The bands must be free for both tangible. It is also not allowed with anything other than the soles touching the mat, somersaults, knees, or roles is forbidden and is punished by a warning.

ATTENTION the tapes may only be loosely inserted in the belt and not be tied with this.

38.7.2 Warnings (time is stopped)

For holding or not a rule-compliant ground contact, the referee speaks each made a warning. The warning applies rules similar to kickboxing.

1. Warning

2. Warning

3rd Warning = 1 point MINUS (a belt less)

38.8 Protective Equipment

For protection they need a head protection (head Guard). Also, a mouthguard is recommended, but not required

PART 9 – NO CONTACT

ARTICLE 39. No-Contact

39.1 Description - No-contact sees it self as a precursor to the traditional martial arts, in which children will playfully learn what skills they need for fighting. Quickness, reaction, fairness, agility and fine motor skills and technique by hitting and kicking are trained specifically.

39.2 Ages (the subdivision is based on body size, see description)

Description	Age	Category (in cm)				
Bambini	U10	-90cm	-100cm	-110cm	-120cm	+120cm

39.3 Uniform - All uniforms should show the country to be represented or style. The sending country shall decide on the style of uniform. The name of the country shall be attached by printing or embroidery on the back. It is not important to wear a Belt.

39.4 Performance - Both children fight against each other without being able to touch each other. Targeted punches and kicks that would meet and have been executed correctly, are valued by the judges. It is forbidden to touch or to be taken. NOTE: since this is to children of various graduations and styles is not only the quality and design but also the number of techniques crucial.

39.4.1 Timeout - The presentation must not be longer than 60 seconds to complete. A draw - 30 seconds extension.

39.5 Presentation area - the area has to be not less than 6 x 6 m and is located on Mats/Tatamis with a thickness of about 25mm (as in kickboxing).

39.6 Number of referees - 2 referees. This award points from 1 point for the correct carrying out a technique. The Referee shall award the point independently and relates the side judge in unclear ratings. Otherwise, the side judge for review of the athlete is obliged.

39.7 Rating - points are awarded as follows:

For the correct running of kickboxing techniques with Kicks and Punches – If the techniques work as in a normal fight - the referees give one point each. The winner will be awarded as in light contact after the end of time by means of hands (in the corner of the winner) of the two judges.

39.7.1 Rules

The two contestants greet each other with Shake Hands, then the referees and start after the command "FIGHT" with the competition. It must touch the ground any other parts of the body other than the soles of the feet.

They sparring to each other without body-contact. Showing their kickboxing techniques as well.

39.7.2 Warnings (time is stopped)

For touching or not a rule-compliant ground contact, the referee speaks each made a warning. The warning applies rules similar to Kickboxing.

1. Warning

2. Warning

3rd Warning = 1 point MINUS (a belt less)

39.8 Protective Equipment

For protection they need a head protection (head Guard). Also, a mouthguard is recommended, but not required